

CONTAGION NOTICE

Your child may have been exposed to the communicable disease/condition marked below. Note the incubation period and symptoms and if your child exhibits these symptoms, notify your school nurse and keep your child home for the required time.

DISEASE CONDITION	DATE OF EXPOSURE	INCUBATION PERIOD	SYMPTOMS	EXCLUSION
*Chickenpox		10 - 21 days	blister-like eruptions, slight fever, and cold symptoms	Student may return when all lesions are crusted, generally day 6 after onset of rash.
*Fifth Disease		4 - 14 days (may be as long as 28)	redness of the cheeks giving a "slapped cheek" appearance, followed by a rash appearing mainly on the extremities, intensified by sunlight and stress	No exclusion necessary - may exclude for fever. By the time the rash appears, the student is usually no longer contagious.
Head Lice		eggs hatch in 1 week and reproduce in 8-10 days	irritation and itching of scalp, presence of insects and eggs or nits in the hair	Student may return to school after hair is shampooed with a pediculicidal product and all the nits have been removed.
Impetigo		1 - 10 days	pustules, with weeping, multiple, crusted sores	Student may return after the skin lesions are healed or 24 hours after medical treatment has been initiated.
Pink Eye		24-72 hours	reddening of the white of the eye and inner eyelids, with or without pus drainage	Student may return after symptoms are absent or under adequate medical treatment.
Scabies		1 - 4 days	itching and the characteristic burrow of the itch mite; scratch marks are frequently noted on the skin	Student is excluded until adequately treated.
Strep Infections		1 - 3 days	fever, headache, sore throat, and tonsillitis; rash or white patchy areas may or may not be present	Student should not return until at least 24 hours after beginning antibiotic treatment and until they are without fever.
Mono (Mononucleosis, infectious)		4 - 6 weeks	sore throat, swollen lymph glands and fever	Student may return to school if fever-free for 24 hours.
Ringworm		4 - 10 days	flat, spreading, ring-shaped rash on skin; usually red-dish with pimples filled with clear fluid or pus. May be dry and scaly or moist and crusted. Itching is common.	Exclude until effective treatment is started. Usually treated with antifungal topical creams or ointments. May require oral prescription medication.
Hand, Foot, & Mouth Disease (HFMD)		4 - 6 days	Fever, poor appetite, sore throat; may develop painful mouth sores may develop 1-2 days after onset; may develop non-itchy skin rash with flat or raised spots, sometimes with blisters, usually on palms of hands or soles of feet	Exclude until symptoms disappear; note that the person may still be contagious after symptoms are gone since the virus may be excreted for weeks after symptoms disappear (although excluding while symptoms are present will decrease the chance of spreading)
Pertussis/Whooping Cough				
Other				

* Pregnant or immuno-suppressed women should seek the advice of their physician.